

# The Fresh Chef



## **Peanut Butter & Jelly Overnight Oats**

½ cup True Goodness by Meijer Old Fashion Oats  
1 cup True Goodness by Meijer Organic Vanilla Soymilk  
1 Tablespoon Chia Seeds  
1 Tablespoon True Goodness by Meijer Strawberry Jam  
¼ cup True Goodness by Meijer Peanut Butter  
¼ cup True Goodness by Meijer Organic Mixed Berries

1. Mix all ingredients except the peanut butter in a mason jar or bowl until well combine.
2. Swirl in the peanut butter. Top with ¼ cup frozen berries.
3. Let stand in the fridge overnight, enjoy warm or cold.

Serves 2

Chef Amanda Leatherman